



# Collected Wisdom 2

**Habitat for All  
November 2023**

If you want to awaken  
in each moment, you  
have to take up each  
moment  
wholeheartedly.

Steve Hagen



Focus on what needs to be done rather than what is going wrong. Difficulties are not obstacles but points of negotiations.





In the eyes of our captors, what would be the most disastrous thing that could happen to us?



How much more  
grievous are the  
consequences of anger  
than the causes of it.

Marcus Aurelius



Our primary purpose in this life is to help others. If you can't help them, at least don't harm them.

Dalai Lama





When I see others doing wrong and feel self-righteousness and disgust, that is like grabbing the knife from someone about to kill themselves and committing suicide with it myself. It is the other who does the wrong, not compelling me. Why take on the wrong of others and make them my own sickness?  
Taoism

If you don't become  
the ocean, you'll feel  
seasick every day.

Leonard Cohen





To fear someone or something and let  
that fear overwhelm you is to hand over  
the keys to your kingdom.

T. Thomas



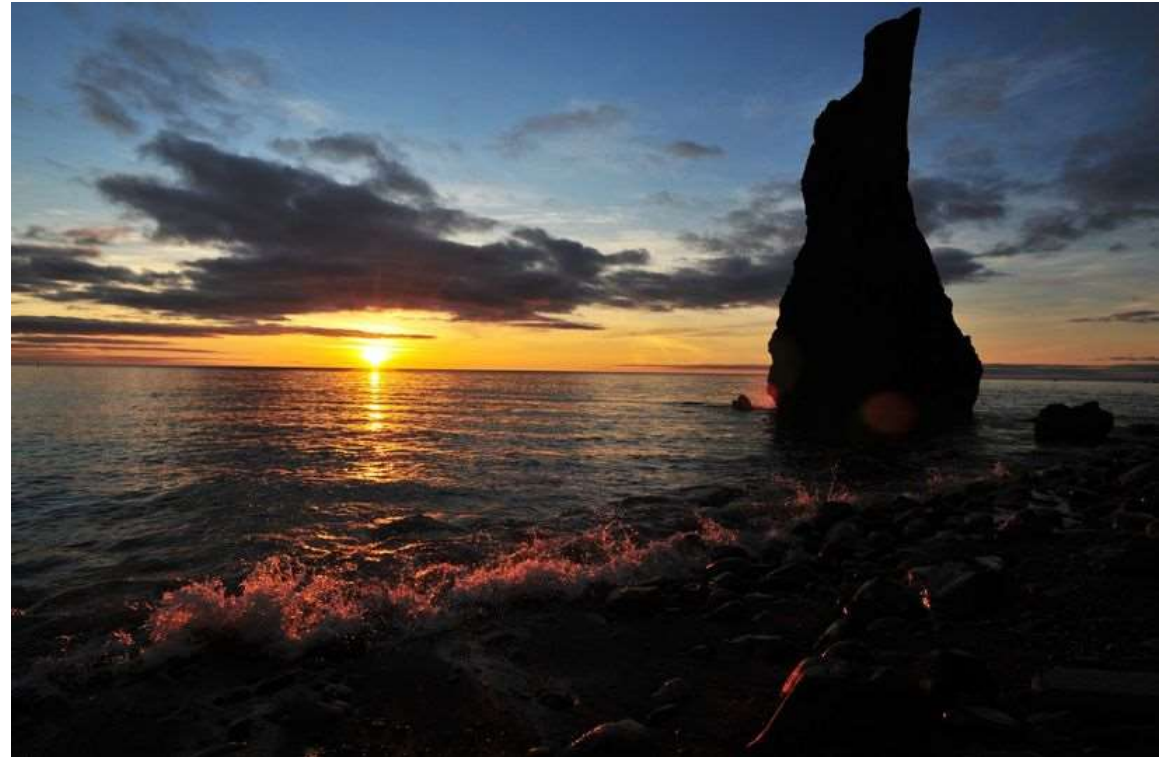


What really makes something lovable is not the fact that it excels other objects in quality but the fact that it exists and is in your life.

Frank Andrews

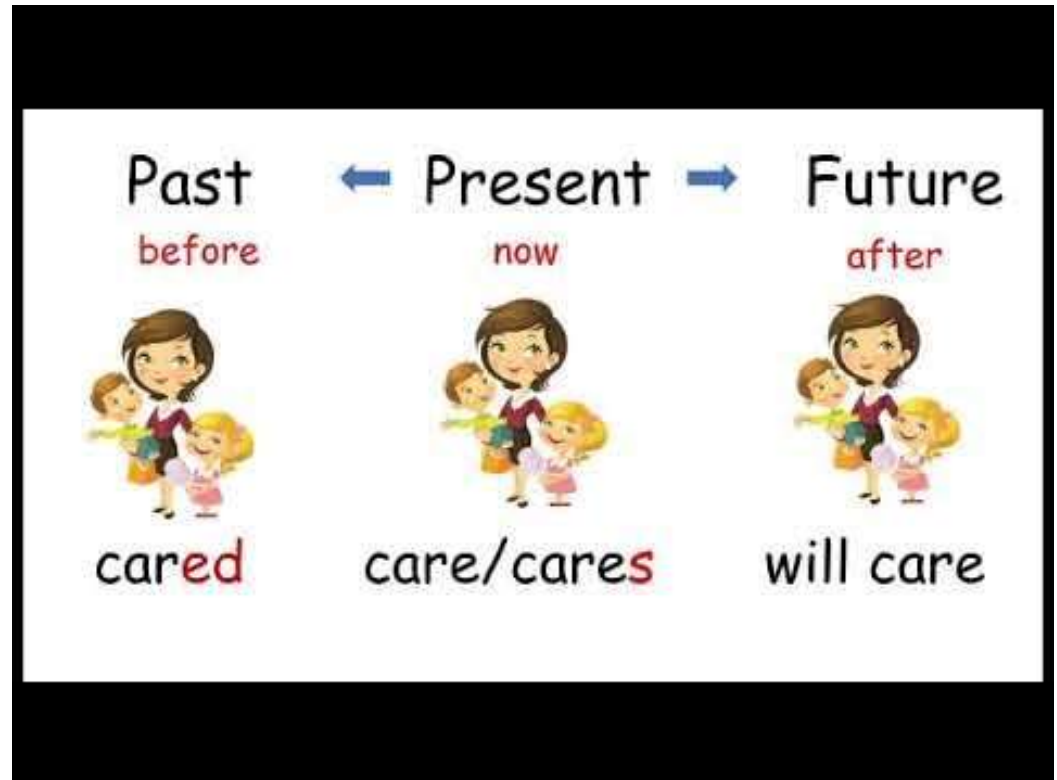
You will always have a moment before you react when you can choose what you will do.

Frank Andrews



What is before you now  
is what you get to love  
now, whatever else you  
might compare it with  
others.

Frank Andrews



Our relationship  
with the land is  
still strictly  
economic,  
entailing privileges  
but not  
obligations.

Aldo Leopold





Experience everything  
with awareness so that  
everything becomes your  
teacher.



Rushing is a feeling of toppling forward. Our minds rush ahead of us, focusing where we want to go instead of settling into our bodies where we are.

Joseph Goldstein, *A Heart Full of Peace*



Once we have shared this vision of equal personhood of all cultures, beings, and systems, then we can build kinship across cultures and species, and through that kinship, then legally and ethically demand that the personhood of all beings and systems is respected.

John Hausendoeroffer





Action makes loves visible.



The truly sacred does not manifest itself apart from life. To direct oneself to the caring for the Earth  
Interbeing is to direct oneself to the sacred.

Hexagram 50 *I Ching*





We gain the world  
we want to live in by  
becoming the kind of  
person who would  
live in such a place.

David Loy



Freedom from anxiety can  
only be found at that point  
where being settles naturally  
within the spirit.

Uchiyama

